Cuisine & Confessions

The 7 Fingers

PHOTO BY ALEXANDRE GALLIEZ

NYU SKIRBALL
CENTER FOR THE
PERFORMING ARTS

NYU SKIRBALL CENTER FOR THE PERFORMING ARTS PRESENTS

Cuisine & Confessions

LES 7 DOIGTS (THE 7 FINGERS)

DIRECTED, WRITTEN, AND CHOREOGRAPHED BY
Shana Carroll
Sébastien Soldevila

STARRING
Sidney Iking Bateman, Héloïse Bourgeois, Melvin Diggs, Mishannock Ferrero, Anna Kachalova, Anna Kichtchenko, Gabriela Parigi, Matias Plaul, Pablo Pramparo

Due to the physical demands of Circus Arts performances, the artists performing each day are subject to change.

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Espace Jean Legendre, Théâtre de Compiègne—Scène nationale de l'Oise en préfiguration *Compiègne, France*
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Thomas Lightburn Producer *Vancouver, Canada*
TOHU *Montreal, Quebec*

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Alexandre Désilets and Frannie Holder

GUITAR
Serge Nakauchi-Pelletier & Benoit Landry

ENGLISH LYRICS FOR *FRUIT IS NOT DESSERT*
Eisa Davis

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Marcin Bunar

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Katherine Finck

LES 7 DOIGTS (THE 7 FINGERS)

By perpetually blurring artistic boundaries, The 7 Fingers strive to reach the universal, extraordinary, indefinable, visceral, and intimate worlds in each human being. Created in 2002 and now made up of 200 artists, administrators, and technicians, the collective offers roughly 1 000 performances a year—both artistic collaborations and signature shows.

In 2018, The 7 Fingers will inaugurate its own Creation and Production Centre. The centre, based in heart of Montreal's Quartier des Spectacles, will house the collective's trademark creation and production activities all under one roof.

Program

1 These Are The Ingredients

2 The Perfect Omelette

3 Omelette Cumbia
Juggling

4 Storytelling

5 Leaving St. Louis
Hoop-diving

6 Fruit is Not Dessert

7 The Departed
Aerial silks; Borscht

8 Dinner for One

9 Captain McCoy's Ultimate Kitchen Set

10 For the Love of Round Tables

11 Saved by Circus
Diabolo; Banana Bread

12 Timers

13 One Woman's Life Recipe
Acro-dance

14 3:00 in the Morning
Hand to hand; Pelmeni

15 You're the One That I Want
Acro-dance, group

16 Song for my Father
Chinese Pole; Sunday Pasta

17 The Last Supper
Icarian games

18 Chop Chop Miam Miam
Contortion; Flour

Cast Biographies

SHANA CARROLL (DIRECTOR), as co-founding artistic director of The 7 Fingers, has directed and/or codirected *Loft*, *La Vie*, *Traces*, *Séquence 8*, *Le Murmure du Coquelicot*, *Cuisine & Confessions*, *Psy*, *Cabaret*, and *FeriAmuse*. She also staged and directed the circus component of *Queen of the Night* in New York City. Carroll is well known for her choreography and circus staging, and has won four gold medals at the Festival Mondial du Cirque de Demain in Paris. She directed *Il Fait Dimanche* for Montreal's National Circus School and is responsible for the acrobatic design and choreography of Cirque du Soleil's *Paramour* (2016) and *Iris* (2011), as well as its performance at the 2012 Academy Awards. She began her career as a trapeze artist at San Francisco's Pickle Family Circus and went on to a 20-year career in the air before founding 7 Fingers.

SÉBASTIEN SOLDEVILA (DIRECTOR) codirected *Loft*, *La Vie*, *Séquence 8*, *Cuisine & Confessions*, and *Le Murmure du Coquelicot*, which he also wrote. He is an acrobatic coach for Montreal's National Circus School and on most of the Company's shows. In 2007 he won a gold medal at the Festival Mondial de Cirque de demain in Paris with partner Émilie Bonnavaud for a hand to hand number choreographed by Shana Carroll. In 2014, Sebastien choreographed the first segment of the Opening Ceremonies of the Sochi Winter Olympics. He most recently directed the operetta *Circus Princess* for the Moscow Musical Theatre.

NASSIB EL-HUSSEINI (CEO) Political scientist, author (L'Occident Imaginaire,PUQEditions), advisor and volunteer for dozens of national and international organizations, Nassib fell under the charm of a modern day tribe: Les 7 doigts de la main. He ran away with the circus, as the saying goes, and took on the general direction of this jewel of the Montreal stage. Nassib is currently President of the International Exchange for the Performing Arts (CINARS), and member of the board of the Conseil des arts de Montréal (CAM).

Starring

SIDNEY BATEMAN
USA

Disciplines Hoop-Diving, Diabolo, Icarian Flyer, Floor Acrobatics
Training National Circus School, Montreal
Past Show(s) *St. Louis Arches*, Circus Harmony

MELVIN DIGGS
USA

Disciplines Hoop-diving, Banquine porter, Icarian porter, Floor acrobatics
Training National Circus School, Montreal.
Past Show(s) *St. Louis Arches*, Circus Harmony

HÉLOÏSE BOURGEOIS
FRANCE

Disciplines Banquine flyer, Chinese pole, Icarian flyer
Training Circus Space (London), National Circus School (Montreal)
Past Shows *Traces* (The 7 Fingers), *Psy* (The 7 Fingers), *Intersection* (The 7 Fingers), *La Vie* (The 7 Fingers), *Bosch Dreams* (The 7 Fingers), *Cabaret Palazzo* (Germany), *Cabaret Wintergarden* (Germany), *Cabaret GOP* (Germany), *Cabaret Cascabel* (Chicago, US)

MISHANNOCK FERRERO
USA / SWEDEN

Disciplines Hand to hand porter, Icarian porter, Banquine porter
Training Circus Cirkor School (Sweden) and National Circus School (Montreal)

ANNA KACHALOVA
RUSSIA

Disciplines Hand to hand (flyer), Icarian flyer, Banquine flyer
Training Moscow Centre for Sports Acrobatics
Past Shows *Saltimbanco* (Cirque du Soleil), *Iris* (Cirque du Soleil), *Queen of the Night*, (The 7 Fingers), *Pippin*

ANNA KICHTCHENKO
CANADA/RUSSIA

Disciplines Aerial silk, Contortion, Icarian flyer, Accordion
Training National Circus School, Montreal
Past Shows *Loft* (The 7 FIngers), *Queen of the Night* (The 7 Fingers), *Cabaret GOP* (Dummy), SolyCirco International Festival

GABRIELA PARIGI
ARGENTINA

Disciplines Acro-Dance
Training Gymnastics (Argentina national team), La Arena (Argentina), Le Lido (France)
Past Shows *Mourir sur tes lèvres* (Redha B); *Biz Biz Bang Bang*, *El último Beso* (Company Osea); *Kamuflash, La vuelta en 80 dias, Sanos y Salvos, El casamiento* (La Arena)

MATIAS PLAUL
ARGENTINA

Disciplines Chinese pole, Icarien flyer, Banquine porter, Guitar, harmonica
Training La Arena (Argentina)
Past Shows *Gala*, *Bellas artes*, *Ronda*, *Fulanosand Sanos y Salvos* (La Arena), *Zed* and *Iris* (Cirque du Soleil), *Le Murmure du coquelicot* (The 7 Fingers), *Amuse* (The 7 Fingers) and *Intersection* (The 7 Fingers)

PABLO PRAMPARO
ARGENTINA

Disciplines Juggling, Banquine Porter, Icarian Porter, Acro-Dance, Guitar
Training Circo en Accion (Argentina), Higher Institute of Fine Arts Libero Pierini (Argentina), La Arena (Argentina)
Past Shows *Monoambiente* (La Sordina); *La Vuelta al Mundo*, *Souvenir*, *Travelling*, *Giramundi*, *Leonardo Trabajo practico nº 1, Avalancha* (La Arena); *Abrazáme* (Me Matarás)

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